

# *Are you challenged by an illness?*

## **Let us help.**

**Individuals coping with pain, side effects and/or symptoms associated with a serious illness can benefit from *Palliative Care*.**

**PALLIATIVE CARE  
OF NORTHEASTERN ILLINOIS**



### **What is Palliative Care?**

It is a medical specialty focusing on expert treatment of the pain, discomfort and stress that can occur with a serious or life threatening illness. It focuses on improving quality of life and providing comfort to people of all ages with a serious, chronic and/or life threatening illness. People with illnesses such as stroke, congestive heart failure, kidney disease Alzheimer's/dementia, chronic obstructive pulmonary disease (COPD), cancer, and other illnesses can benefit from palliative care.

### **How does Palliative Care work?**

Our board-certified palliative care physicians and their team of advanced practice nurses and licensed social workers provide consultations and visit you at your home, wherever home may be, to help manage pain and alleviate symptoms to improve quality of life and offer emotional and spiritual support, if desired. We work with your doctor to offer you the best possible care that complements the medical treatments you are already receiving.

### **How does Palliative Care improve my quality of life?**

The services offered through our Palliative Care program are tailored to your individual needs and are designed to:

- Coordinate care and opinions from multiple physicians to aid understanding of all treatment options
- Help you gain strength for daily activities by minimizing weakness and fatigue
- Reduce hospitalizations due to pain, nausea and/or vomiting

- Manage your pain while going through chemotherapy and/or radiation treatments
- Provide assistance with community resources through our licensed social workers
- Offer emotional and spiritual support and assistance through professional counseling

### **When can I receive Palliative Care?**

People can begin palliative care as soon as they are diagnosed with a serious illness. It is most beneficial to receive palliative care early on, at the same time you are receiving curative treatments for your illness.

### **How do I pay for Palliative Care?**

Palliative Care services are covered under Medicare Part B, as well as most private insurance.

### **Who do I ask about receiving Palliative Care?**

Ask us! You do not need a doctor's order to receive Palliative Care in your home.

**For more information or to request a palliative care consultation call 224-770-2489.**

**Our experienced staff is ready to assist you.**

**“Palliative care patients didn’t just live longer. They also lived better...and higher quality lives.”**

— New England Journal of Medicine,  
Palliative Care Study Co-author, Thomas Lynch,  
Director of Yale Cancer Center

For more information or to schedule an appointment please call **224-770-2489**.